

# DROP, COVER, AND HOLD ON!

## The Great CA ShakeOut is Coming Soon, October 16, 2025 at 10:16 AM!

**Earthquakes are inevitable, it's only a matter of time.**

On Thursday, October 16 at 10:16 AM, our Agency will join over 9 million across California in the Great ShakeOut earthquake drill. This is our chance to pause and practice the simple, life-saving steps: Drop, Cover, and Hold On.

### What to do:

Take one minute to practice wherever you are on 10/16 at 10:16 AM:

- **Drop** to your hands and knees (if able).  
\*See below for Mobility Safety.
- **Cover** your head and neck under a sturdy surface.
- **Hold On** until the shaking stops.

### Why Participate:

- Earthquakes can happen anytime.
- Practicing builds confidence and readiness at work and at home.
- A small action now can make a big difference later.

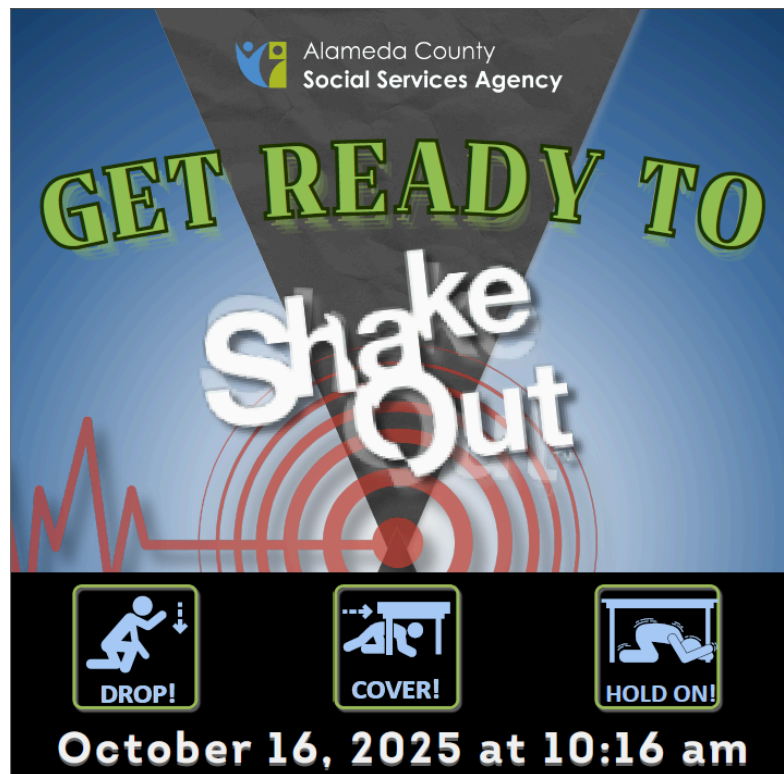
### Resources:

- [ShakeOut.org](https://www.shakeout.org) | [Mobility Safety](https://www.ready.gov/mobility-safety)
- [Ready.gov Earthquake Safety](https://www.ready.gov/earthquake-safety)
- [7 Steps to Earthquake Safety](https://www.ready.gov/7-steps-to-earthquake-safety)

Thank you,

Disaster Preparedness & Emergency Management (DPEM) | Office of Public Affairs (OPA)

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One Minute of practice can save a lifetime of worry.